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- 1. A method of protecting keratin materials from the harmful effects of pollution, comprising topically applying a composition comprising an effective amount of phytanetriol to said keratin materials.
- 2. The method of claim 1, wherein said effective amount ranges from 0.001 to 20% by weight, based on the weight of the composition.
- 3. The method of claim 1, wherein said effective amount ranges from 0.1% to 10% by weight, based on the weight of the composition.
  - 4. The method of claim 1, wherein said composition is an emulsion.
- 5. The method of claim 1, wherein the phytanetriol is in the form of cubic gel particles.
  - 6. The method of claim 5, wherein the cubic gel particles are in aqueous dispersion.
- 7. The method of claim 1, wherein the phytanetriol is in the form of cubic gel particles, and wherein said cubic gel particles are formed from a mixture comprising:
- (i) 0.1% to 15% by weight, relative to the total weight of the composition, of phytanetriol or of a mixture of phytanetriol with a compound selected from the group consisting of N-2-alkoxycarbonyl derivatives of N-methylglucamine and unsaturated fatty acid monoglycerides; and
- (ii) 0.05 to 3% by weight, relative to the total weight of the composition, of at least one dispersing and stabilizing agent, said agent being selected from the group consisting of surfactants that are water-soluble at room temperature and containing a saturated or unsaturated, linear or branched fatty chain containing from 8 to 22 carbon atoms.
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8. The method of claim 7, wherein a weight proportion of compound (i) to said dispersing and stabilizing agent (ii) ranges from 2 to 200.

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9. The method of claim 7, wherein said N-2-alkoxycarbonyl derivative of N-methylglucamine corresponds to formula (I) below:

$$R-O-CO-N-CH_2-(CHOH)_4-CH_2OH$$
 (I)  $CH_3$ 

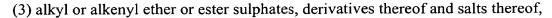
in which R represents a branched alkyl radical containing from 6 to 18 carbon atoms.

- 10. The method of claim 7, wherein said N-2-alkoxycarbonyl derivative of N-methylglucamine is selected from the group consisting of N-2-hexyldecyloxycarbonyl-N-methylglucamine, N-2-ethyl-hexyloxycarbonyl-N-methylglucamine and N-2-butyloctyloxycarbonyl-N-methylglucamine, and mixtures thereof.
- 11. The method of claim 7, wherein said cubic gel particles contain as compound (i) a mixture consisting of from 1% to 40% by weight of phytanetriol relative to the weight of the mixture and from 60% to 99% by weight of N-2-alkoxycarbonyl derivative of N-methylglucamine relative to the weight of the mixture.
- 12. The method of claim 7, wherein said unsaturated fatty acid monoglyceride is selected from the group consisting of glyceryl monooleate, glyceryl monolinoleate, and mixtures thereof.
- 13. The method of claim 7, wherein said cubic gel particles contain as compound (i) a mixture consisting of from 1% to 50% by weight of phytanetriol relative to the weight of the mixture and from 50% to 99% by weight of unsaturated fatty acid monoglyceride relative to the weight of the mixture.
- 14. The method of claim 7, wherein said said dispersing and stabilizing agent is selected from the group consisting of:
- (1) alkyl or alkenyl ethers or esters of a polyol,
- (2) N-acyl amino acids and derivatives thereof, and peptides N-acylated with an alkyl or alkenyl radical, and salts thereof,

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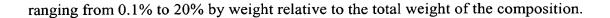
- (4) polyoxyethylenated fatty alkyl or alkenyl ethers or esters,
- (5) polyoxyethylenated alkyl or alkenyl carboxylic acids and salts thereof,
- (6) N-alkyl or alkenyl betaines,
- (7) alkyl or alkenyl trimethylammoniums and salts thereof, and
- (8) mixtures thereof.
- 15. The method of claim 5, wherein said cubic gel particles have a size ranging from 0.05  $\mu$ m. to 1  $\mu$ m.
- 16. The method of claim 7, wherein said cubic gel particles have a size ranging from 0.05  $\mu$ m. to 1  $\mu$ m.
- 17. The method of claim 6, wherein the dispersion of cubic gel particles further comprises at least one water-insoluble ionic amphiphilic lipid.
- 18. The method of claim 17, wherein said water-insoluble ionic amphiphilic lipid is at least one selected from the group consisting of:
- (i) phospholipids,
- (ii) phosphoric esters of fatty acids,
- (iii) water-insoluble N-acyl derivatives of glutamic acid and salts thereof,
- (iv) sodium cetyl sulphate,
- (v) sodium cocoylmonoglyceride sulphate, and
- (vi) water-insoluble quaternary ammonium derivatives.
- 19. The method of claim 5, wherein said cubic gel particles further comprise at least one hydrophilic and/or lipophilic active principle.

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- 20. The method of claim 7, wherein said cubic gel particles further comprise at least one hydrophilic and/or lipophilic active principle.
  - 21. The method of claim 5, wherein the cubic gel particles are present in an amount

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22. The method of claim 7, wherein the cubic gel particles are present in an amount ranging from 0.1% to 20% by weight relative to the total weight of the composition.

23. A treatment process for protecting a keratin material against the effects of pollution, comprising applying to the keratin material a composition comprising an effective amount of phytanetriol in a physiologically acceptable medium.

- 24. A treatment process for improving the cell respiration and/or for reducing the desquamation of a keratin material and/or for preventing a keratin material from becoming dull and/or dirty and/or for preventing the dehydration of a keratin material, comprising applying to the keratin material a composition comprising an effective amount of phytanetriol in a physiologically acceptable medium.
- 25. A process for treating dry skin, comprising applying to the skin a composition comprising an effective amount of phytanetriol in a physiologically acceptable medium.
  - 26. The process of claim 23, wherein said is an emulsion.
- 27. The process of claim 23, wherein the phytanetriol is in the form of cubic gel particles.
  - 28. The process of claim 23, wherein said keratin material is the skin.
  - 29. The process of claim 24, wherein said is an emulsion.
- 30. The process of claim 24, wherein the phytanetriol is in the form of cubic gel particles.
  - 31. The process of claim 24, wherein said keratin material is the skin.

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- 32. The process of claim 25, wherein said keratin material is the skin.
- 33. The process of claim 25, wherein said is an emulsion.
- 34. The process of claim 25, wherein the phytanetriol is in the form of cubic gel particles.

35. The process of claim 25 wherein said keratin material is the skin.

36. A composition, comprising:

phytanetriol in the form of cubic gel particles,

wherein said cubic gel particles are formed from a mixture comprising:

- (i) 0.1% to 15% by weight, relative to the total weight of the composition, of phytanetriol or of a mixture of phytanetriol with a compound selected from the group consisting of N-2-alkoxycarbonyl derivatives of N-methylglucamine and unsaturated fatty acid monoglycerides; and
- (ii) 0.05 to 3% by weight, relative to the total weight of the composition, of at least one dispersing and stabilizing agent, said agent being selected from the group consisting of surfactants that are water-soluble at room temperature and containing a saturated or unsaturated, linear or branched fatty chain containing from 8 to 22 carbon atoms.